

Face Shape Consultation Worksheet

Client name _____ Date _____ Student/stylist _____

1. Face measurements

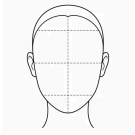
Use one unit: ☐ inches ☐ cm. Hair back, chin level; measure with a soft tape.

Forehead width _____ Cheekbone width _____

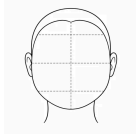
Jawline (ear to chin $\times$ 2) _____ Face length (hairline to chin) _____

Jawline is a contour, not a straight width. Compare the visible outline in the mirror, too.

Widest point: ☐ forehead ☐ cheekbones ☐ jaw ☐ similar. Check/circle closest shape(s):



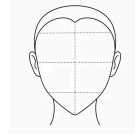
☐ Oval



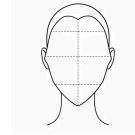
☐ Round



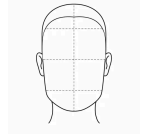
☐ Square



☐ Heart



☐ Diamond



☐ Oblong

2. Hair analysis

Texture: ☐ fine ☐ medium ☐ coarse Density: ☐ thin ☐ medium ☐ thick

Curl pattern: ☐ straight ☐ wavy ☐ curly ☐ coily

Porosity / elasticity (optional) _____

Growth: ☐ cowlick ☐ double crown ☐ widow's peak ☐ nape whorl ☐ hairline

Scalp / growth notes _____

3. Lifestyle & maintenance

Daily styling time _____ Heat tools _____

Budget / visit frequency _____ Job / sport constraints _____

Products used _____

4. Style goals

Length goal _____ Reference photo: ☐ yes ☐ no

What they love / hate _____

Notes _____

5. Recommended cuts by face shape

Starting points, not rules. Adapt to texture, growth patterns, maintenance, and the client's goals.

Shape	Flattering cuts to explore	Go easy on (depending on the goal)
Oval	Bob; layered length; textured crop	Extra crown height if you want to keep your face from looking longer.
Round	Long layers; angled lob; crop with height	Chin-length bluntness and extra width at the cheeks if you want a longer outline.
Square	Wavy lob; side-parted cut; layers past jaw	A heavy straight line at jaw level if your goal is to soften the corners.
Heart	Chin-length bob; shoulder layers; side bangs	Heavy volume at the temples with very tight sides below it if you want balance.
Diamond	Jaw-length bob; layered lob; soft bangs	Very tight temples with all the volume at cheekbone level if you want balance.
Oblong	Wavy bob; full-sided crop; cut with bangs	Tall quiffs or very long, flat sides if you want a shorter-looking outline.

6. Plan

Chosen cut _____

Rationale _____

Aftercare / next visit _____